

A Friend and Ally



Sometimes people with a disability need someone to speak up for them.



Citizen Advocacy can find you a volunteer advocate to help.



A volunteer advocate is there to be your friend.



Why Citizen Advocacy works:



- True independence: the advocate is not paid so their friendship is honest



- Long-term friendship: the friendships can last for years



- Helping people in need: it helps people who are at risk of being left alone or not treated nicely



- It builds real friendships outside of paid workers

What Does an Advocate Do?



- Be a loyal friend and offer support



- Help with your confidence and independence



- Helping with tasks like doctor visits or transport



- Protects your dignity and helps you speak up in important meetings



In Western Australia Citizen Advocacy keeps people safe so they do not get left behind



If you want any more information, you can contact Citizen Advocacy



You can call (08) 9445 9991



Or you can email admin@capw.org.au