

## What type of support can Citizen Advocacy volunteers provide?

### Emotional Support

A listening ear and reassurance during tough times.

### Practical Assistance

Help with everyday tasks like organising paperwork, managing finances, or making appointments.

### Advocacy

Speak up for the individual's rights and interests in various settings, such as healthcare appointments.

### Social Inclusion

Join community activities and foster friendships to enhance a sense of belonging.

### Goal Setting and Empowerment

Identify personal goals, build skills, and work towards greater independence.

The support varies based on the individual's needs and goals and differs from the day-to-day care provided by disability support workers.



Talk to our team to find out more about Citizen Advocacy and how we can make a difference in the life of someone with disability.

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Citizen Advocacy is a not-for-profit, community-based organisation which is funded by the federal government, Department of Social Services (DSS) under the National Disability Advocacy Program (NDAP).



Australian Government  
Department of Social Services



## Friendship and empowerment

### for people with disability



# Friendship and empowerment for people with disability

Do you know someone with a disability who needs understanding, support, and companionship?

Citizen Advocacy can help. We match people in need with dedicated volunteers who become trusted friends and allies.

Connect someone with Citizen Advocacy today to help them on a journey of friendship, empowerment and community support.



## What is Citizen Advocacy?

Citizen Advocacy matches people with disability with volunteers, creating unique, often long-term relationships.

Volunteers act as allies, mentors, and friends, offering support to overcome challenges, access resources, and advocate for the rights of those they're matched with.

Volunteers give their time freely, motivated by a desire to make a positive difference.

Recruited, matched and supported by Citizen Advocacy, each volunteer independently represents the interests of an individual, free from conflicts of interest.

## How can Citizen Advocacy volunteers help?

### Tailored Support

Provide one-on-one support tailored to the unique needs, goals, and interests of the individual.

### Empowerment

Build confidence and self-esteem by advocating for rights, choices, and independence.

### Building Friendships

Develop trust, respect, and understanding in a unique relationship with a dedicated volunteer committed to the well-being and success of the person they are matched with.

